



Welcome to the Medical Center of South Arkansas Outpatient Surgery Department!

Your surgeon has scheduled your upcoming surgery at our facility. The One Day Surgery Department is located in the Larkin Wilson Center at the East end of our Hospital.

In order for your stay with us to be as pleasant and comfortable as possible we would like to familiarize you with our facility, answers some of the most frequently asked questions, and provide you with some pre-op guidelines for the day of your surgery.

The Surgery Department at the Medical Center of South Arkansas has 8 surgical suites 2 of which are Cardiac Surgery Suites. A highly skilled team of anesthesiologists, registered nurses and other qualified medical personnel specially trained in surgical and recovery care support your surgeon.

How to prepare for your surgery

Diagnostic studies and lab work may be requested by your physician or by the Anesthesia Services at the Medical Center of South Arkansas. In order to prevent delays or even cancellation of your surgery we like to have information about you and any screening done prior to the day of surgery. Therefore we advise all patients who are having surgery to Pre-Admit. This pre-admission process is important and it will help us to provide the safest care possible for you.

Our Pre-admission area is also located in the Larkin Wilson Center.
Hours of operation 8:00am-4:00pm.
Phone # 870-864-3533

For those who can only come after work hours the One Day Surgery nurses are available until 8:00pm. However they are taking care of patients so you may experience a delay.

One-Day Surgery Nurses Desk 870-864-3336

The screening process may take 1-2 hours. During this process you will be asked for:

- A Health History
- Depending on your health history you may need EKG, Lab, Chest X-ray
- You will sign surgical & anesthesia consents.
- A list of your all medications (supplements also) will be reviewed
- A list of any past surgeries will be recorded.
- Review with us any Allergies to medications, foods, Dyes, etc...*

If you have had any diagnostic test or procedures such as Heart Catheterization or cardiac evaluation a copy of these reports is advised. With your signed consent a copy can be obtained for you through our department. Or you can obtain these yourself, just bring us a copy. You can get your records from the Medical Records Department at the facility where the test was done.

If you have had any of the following test in the last 6-12 months please bring a copy with you when you pre-admit;

- EKG
- Chest X-ray
- Complete Blood count (CBC)
- Basic Metabolic profile (BMP)
- Clotting tests (PT, PTT)

(they can be obtained in the Medical Records Dept. of the facility where this was done)

If you are taking any medication that could affect blood clotting such as Coumadin or Plavix and certain over-the-counter pain or anti-inflammatory medications like aspirin, Motrin, ibuprofen, or Advil and supplements like Vitamin E or omega 3 ask your surgeon about stopping these. He/She will also tell you which blood pressure medication to take the morning of your surgery. Usually diabetic medication should not be taken.

We have a website *themedcenter.net* you may download the medical questionnaire. This can be faxed to us at 870-875-6298. Make sure your daytime phone number is available just in case we have questions or need to give you further directions

Between scheduling your surgery and the day of your surgery *if you have started running a fever or developed a cold, cough, or congestion and you think you might be sick please notify your surgeon.* This may mean a postponement of your procedure.